

EDUCATION

8/92-6/96 M.D., Albert Einstein College of Medicine, Bronx, New York
8/88-6/92 B.A. in Biology, Brandeis University, Waltham, Massachusetts

POST-GRADUATE TRAINING

7/99-6/01 Fellowship in Endocrinology, Yale University School of Medicine, New Haven, Connecticut
7/96-6/99 Internship & Residency in Internal Medicine, Yale-New Haven Hospital, New Haven, Connecticut

EMPLOYMENT HISTORY

7/01-Present Managing Partner, Endocrine Associates of Connecticut, LLC, New Haven, Connecticut
7/01-Present Clinical Preceptor, Hospital of St. Raphael's Residency Program, Endocrinology Rotation, New Haven, Connecticut
7/99- 6/01 Attending, Emergency Room, West Haven V.A. Medical Center, West Haven, Connecticut
7/99- 6/01 Clinical Preceptor, Physical Diagnosis Course for 1st and 2nd year Medical Students, Yale University School of Medicine, New Haven, Connecticut
7/97 – 6/98 Clinical Practicum Preceptor, Yale Physician Associate Program, New Haven, Connecticut

TITLES/HONORS/AWARDS

- Associate Section Chief, Endocrinology, Yale-New Haven Hospital (1/07-present)
- Associate Clinical Professor of Medicine, Yale University School of Medicine (2008-present)
- President, New Haven County Medical Association (10/09-present)
- President-Elect, New Haven County Medical Association (10/08-10/09)
 - Chairman, Nominating Committee (10/08-9/09)
- Vice-President, New Haven County Medical Association (9/07 to 9/08)
 - Co-Chairman, Ethical & Judicial Affairs Committee (9/07-9/08)
 - Membership Committee (9/07- present)
- Internal Medicine Committee for Clinical Integration, Yale-New Haven Community Medical Group, INC. (7/08-Present)
- Board of Governors, New Haven County Medical Association (2004 to present)
- *Magna Cum Laude*, Brandeis University
- Elected to Alpha-Omega-Alpha (*AOA*), Albert Einstein College of Medicine
- Medical Student Representative on Admissions Committee, Albert Einstein College of Medicine (1992-1996)

HOSPITAL AFFILIATIONS

- Yale-New Haven Hospital, New Haven, Connecticut
- Hospital of St. Raphael, New Haven, Connecticut

PROFESSIONAL AFFILIATIONS

- American Association of Clinical Endocrinologists
- Endocrine Society
- American Diabetes Association
- New Haven County Medical Association
- Connecticut State Medical Society
- American Medical Association

LICENSE AND BOARD STATUS

- State of Connecticut License #037597
- Diplomate, American Board of Internal Medicine August 2000
- Diplomate, Endocrinology, Diabetes and Metabolism November 2001
- Certified by American College of Endocrinology to perform thyroid ultrasound and ultrasound guided FNA biopsy November 2000
- Certified by International Society for Clinical Densitometry as a Clinical Densitometrist March 2002

PUBLICATIONS

- Mayerson, Adam B. Levemir® Early Clinical Experience Case Series. *Endocrinology and Metabolism Clinics of North America*, Supplement S1, 36:45-52, 2007.
- Mayerson AB, Inzucchi SE. Type 2 diabetes therapy: A pathophysiologically based approach. *Postgraduate Medicine* 111(3): 83-95, 2002.
- Mayerson AB, Hundal RS, Dufour S, Lebon V, Befroy D, Cline GW, Enocksson S, Inzucchi S, Shulman GI, Petersen KF. Effects of rosiglitazone on insulin sensitivity, lipolysis, and hepatic and skeletal muscle triglyceride content in patients with type 2 diabetes. *Diabetes* 51:797-802, 2002.
- Mayerson, Adam B. and Frishman, William H. "Vasopressin and Vasopressin Receptor Antagonists in Cardiovascular Disease." Cardiovascular Pharmacotherapeutics New York: McGraw-Hill, 1997. 769-786
- Goldberg PA, Mayerson AB. A Woman With Chronic Urticaria and Graves Disease. *Endocrinologist*. 17(4):217-220, 2007.
- Hundal RS, Petersen KF, Mayerson AB, Randawa PS, Inzucchi SE, Shoelson SE, Shulman GI. Mechanism by which high-dose aspirin improves glucose metabolism in type 2 diabetes. *Journal of Clinical Investigation* 109:1321-1326, 2002.
- Fadare O, Parkash V, Fiedler PN, Mayerson AB, Asiyanbola B. Tumor-to-tumor metastasis to a thyroid follicular adenoma as the initial presentation of a colonic adenocarcinoma. *Pathology International* 55:574, 2005.
- Page KA, Roehmholdt BF, Jablonski M, Mayerson AB. Development of thyroid storm after surgical resection of a thyrotropin-secreting pituitary adenoma. *Endocrine Practice* 14(6):732-737, 2008.

INVITED LECTURES

** denotes continuing education credit issued*

- “Thyroid Function Test Interpretation”, Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, January 19, 2001.
- “Adrenal Crises”, Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, July 30, 2001.
- “The Adrenal Gland: Function and Dysfunction”, Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, February 7, 2002.
- “Diabetes Update”, Grand Rounds, Section of Oral and Maxillofacial Surgery, Hospital of Saint Raphael, New Haven, CT, April 18, 2002.
- “Management of Inpatient Diabetes”, Connecticut Society of Health Systems Pharmacist 13th Annual Catch the Wave Assembly, Groton, Connecticut, October 18, 2002.*
- “Management of Diabetes”, In-service for nursing staff of Jewish Home for the Aged, New Haven, Connecticut, November 15, 2002.
- “Diabetes Insipidus”, Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, CT January 29, 2003.
- “Diabetes, PCOS and Thyroid Disease: A Case Study”, Grand Rounds, Section of Endocrinology, Department of Medicine, Yale School of Medicine, New Haven, Connecticut, October 15, 2004.
- “Pituitary Disorders”, Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, February 2, 2005.
- “Hirsutism”. Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, February 1, 2006.
- “Diabetes Update”, Section of Infectious Disease, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, March 31, 2006.
- “Diabetes Update”, CME, Clinical Pearls in Internal Medicine Conference, New Haven, Connecticut, May 13, 2006.*
- “Thyroid Update and Review”, CME lecture for internists, Uncasville, Connecticut, September 7, 2006.*
- “Thyroid Function Tests: Interpretation & Application”, CME lecture, Issues and Innovations in Advanced Practice Nursing Connecticut APRN Conference, Cromwell, Connecticut, September 28, 2006.*
- “The Insulin Resistance Syndrome”, The Connecticut Society for Cardiac Rehabilitation, Wallingford, Connecticut, October 5, 2006.*

“An 18 year old with ‘the worst headache of his life.’; TSH producing adenoma and thyroid storm. Endocrinology Grand Rounds, LIJ/Northshore Hospital, Great Neck, NY, February 8, 2008.

“Chronic Urticaria and Autoimmune Thyroid Disease”, Medical Grand Rounds, LIJ/Northshore Hospital, Great Neck, NY, February 8, 2008.

“Diabetes and The Heart”, The All Heart Club of Greater New Haven, An affiliate of The Hospital of St. Raphael, New Haven, Connecticut, November 13, 2008.

“Thyroid Disease & Women”, 7th Annual Women’s Health Conference, Groton, Connecticut, March 15, 2009.